



# HORARIOS CLASES DIRIGIDAS

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🕒	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
8:30 - 9:30	—	PILATES	—	PILATES	—
9:30 - 10:30	—	PILATES	—	PILATES	—
10:30 - 11:30	—	PILATES	—	PILATES	—
10:00 - 12:00	Yoga	—	Yoga	—	TALLERES
13:30 - 14:00	CERRADO				
17:00 - 18:00	PILATES	—	PILATES	YOGA	—
18:00 - 18:30	PILATES	—	PILATES	YOGA	—
18:30 - 19:00	PILATES	—	PILATES	PILATES	—
19:00 - 19:30	PILATES	YOGA	PILATES	PILATES	—
19:30 - 20:00	PILATES	YOGA	PILATES	PILATES	—
20:00 - 20:30	PILATES	YOGA	PILATES	PILATES	—
20:30 - 21:00	PILATES	—	PILATES	—	—